



UNIVERSITETI BARLETI

FACULTY OF SOCIAL SCIENCES, TOURISM AND SPORTS

APPROVED

DEAN

Prof. Dr. Artan Shytaj

RECTOR
Prof. Dr. Suzana Guxholli

LEARNING PLAN

MASTER OF SCIENCE Study Program in: TEACHER IN PHYSICAL EDUCATION AND SPORTS
(Full Time)

Tiranë, 2025



Curriculum: Master of Science in Physical Education and Sports Teacher (I first year)																								
Nr.	Subject	Module	Subject Code	Total Activity Type	Totale Loud						Weekly Loud										Individual Hours			
					Total (credits)	(hours)	Lectures	Seminars	Exercises Projects/	Assignments	Practice Course	Semestri 1					Semestri 2							
												Lectures	Seminars/Projects	Laboratories/exercises	Practice Course	Final exam	Lectures	Seminars/Projects	Laboratories/exercises	Practice Course		Final exam		
1	Legal and ethical issues		72MS-1014-S-CLE	A	6	45	30	15					3	2			x							
2	Educational psychology		72MS-1014-S-PSE	B	6	45	30	15					3	2			x							
3	Learning theory and teaching models		72MS-1014-S-TMM	B	6	45	30	15					3	2			x							
4	(Football) Did. i Play Sport. (Basketball)		72MS-1014-S-DLF	B	4	45	15	15			15		3	1			x							
5	Did. i Play Sport. (Basketball)		72MS-1014-S-DLB	B	4	45	15	15			15		3	1			x							
6	Did. Play Sports (Volleyball)		72MS-1014-S-DLV	B	4	45	15	15			15								3	1			x	
7	Did. i Play Spor. (Handball)		72MS-1014-S-DLH	B	4	45	15	15			15								3	2			x	
8	Quantitative research methods		72MS-1014-S-MSK	B	6	45	30	15											3.4	2	1		x	
9	Qualitative research methods		72MS-1014-S-MCK	B	6	45	30	15											3.4	2.3	1		x	
10	Physical activity and health/1		72MS-1014-S-AF1	B	7	50	30	15	5														x	
11	Training theory and methodology		72MS-1014-S-TMS	B	7	50	30	15			5												x	
Total					60	505	270	165	5	0	65	15	8						13	7	2			
										Week Hours					23					22				

Amended to 20% as of March 28, 2023, pursuant to Decision No. 11 of the UNIBA Academic Senate.



Curriculum: Master of Science in Physical Education and Sports Teacher (2 second year)																					
Nr.	Subject	Module	subject Code	Total Activity Type	Totale Load						Weekly Load										Individual Hours
					Total (credits)	(hours)	Lectures	Seminars	Exercises Projects/Assignments	Practice Course	Semestri 1					Semestri 2					
											Lectures	Seminars/Projects	Laboratories/exercises	Practice Course	Final exam	Lectures	Seminars/Projects	Laboratories/exercises	Practice Course	Final exam	
12	Sports hygiene and dietology		72MS-1014-S-HSD	A	7	50	30	15	5			3	1								
13	Physical condition		72MS-1014-S-KOF	D	6	50	10	10		30		3	1	1							
14	Biomechanical		72MS-1014-S-BMK	C	7	50	30	15	5												
15	Neurophysiology and endocrinology		72MS-1014-S-NE	C	7	50	30	15	5			3	1								
16	Physical activity and health		72MS-1014-S-AF2	C	7	60	10	10		40											
17	Didactics of Sp. Individual (athletic)		72MS-1014-S-DIA	B	4	40	10	10		20											
18	Didactics of Sp. Individual (Gymnastics)		72MS-1014-S-DIGJ	B	4	40	10	10		20											
19	Professional practice		72MS-1014-S-PP	D	6	90				90				14							
20	Closing Obligations		72MS-1014-S-DP	E	12	120				120										7	x
Total					60	550	130	85	15	120	200	9	3	1	14	17				7	
					Week Hours						48					16					